

## Gastroscopy or Colonoscopy under general anaesthesia in children

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### After the procedure

We will monitor your child in the recovery room, usually for 3-4 hours, after which he/she can be discharged. Before your child is discharged, the doctor will discuss any findings and future treatment plans with you. You will be informed of the results of the biopsy later by post.

Your child may be given something to drink about 1 hour after the anaesthesia has worn off. If the drink does not make your child nauseous, he/she will be given something cold and light to eat in the recovery room, such as ice cream or yogurt. At home, the child may eat normal food.

The child should stay indoors on the day of the procedure, and he/she should not be left without adult supervision. The child may play if he/she feels up to it. The child can go back to school or daycare the next day.

### Pain management

Paracetamol (e.g. PamolF®) may be given for throat pain. The use of NSAIDs (non-steroidal anti-inflammatory drugs) is not recommended for a few days after the procedure as they may cause stomach irritation.

### Please get in touch if the child has

- a fever above 38.5° or severe stomach pains

### Contact information

Day Surgery Unit  
Monday to Friday 8 am–5 pm  
Tel. 02 627 3840

Paediatric ward  
Tel. 02 627 6512

Satasairaala

[For Satasairaala's website, go to www.satasairaala.fi](http://www.satasairaala.fi)

Customer service: tel. 02 62771

