

## Medication for iritis (inflammation of the iris)

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### Week 1

Cortisone drop (e.g. Dexa or Pred Forte®)  
1–2 drops in the affected eye during waking hours

Pupil-dilating drop (e.g. Oftan Tropicamid®)  
1 drop three times a day

Dexa or Ultracortenol cream for the night

Wait about 5–10 minutes between different drops!

### Week 2

Dexa or Pred Forte drop every other hour while awake  
Tropicamid 1 drop once a day  
Dexa or Ultracortenol cream for the night

### Week 3

Dexa or Pred Forte drop five times per day  
Dexa or Ultracortenol cream for the night  
No dilating drop

### Weeks 4–6

Dexa drop 2–3 times per day

If you still have pain in your eye or if your vision is poor once treatment has ended, contact the Eye Clinic.

If you wish, you can schedule a check-up appointment with your own ophthalmologist in the private sector.

### Contact information

Eye Clinic M2, tel. 02 627 7841  
Monday through Friday, 8 am – 3 pm

Satasairaala Satakunta Hospital District, tel 02 627 71

[On this website, you will find the instructions we use in the Satakunta Hospital District  
www.satasairaala.fi](http://www.satasairaala.fi)