After a child’s dental procedure

Procedure
Your child has had cavities filled in _________ teeth, and ________ teeth removed.
There are _______ absorbable sutures in the mouth.
There are _______ sutures in the mouth that need to be removed.

Treatment of pain
You can give pain medication that is suitable for the child if needed.
Paracetamol

Anti-inflammatory

Recovery
Children may have nausea after the anaesthesia. That is why they need rest and adult supervision on the day of the procedure.
The child may eat cool and soft food on the day of the procedure.
Teeth should be brushed in the evening of the procedure without toothpaste and avoiding the holes where teeth have been removed.
The child may go to school or day-care the next day and eat normally.

Follow-up care will happen in the dental clinic of the child’s own health care centre.

Contacts
If there are problems in the recovery, contact:
Day Surgical Unit on working days from 07.00–17.00, tel. (06) 213 1552
Mouth and Jaw Surgery Outpatient Clinic on working days from 08.00–15.00 tel. (06) 213 1572
Emergency Department at other times tel. (06) 213 1310
Dental clinic of the health care centre

★ This instruction is intended for our patients who are in a care relationship ★