

HOSPITAL DISTRICT OF SOUTHWEST FINLAND

URINE SAMPLE FOR IDENTIFICATION OF CHLAMYDIA AND GONORRHEA (U-ChtrNhO 4816, U-CtGcNhO 4816)

The test is done to identify the presence in the urine of the microbe *Chlamydia* and the bacterium that causes gonorrhea.

Materials:

1. Container for collection of urine.
2. Sample pack including a transport tube (Fig. 1) and a pipette.
3. Plastic bag and sticker for name.

Procedure:

- For this test you do not need to douche, unless you are also providing a sample for bacterial culture of the urine.
 - If you are providing a sample for bacterial culture of the urine at the same time, douche as is instructed for urinary sampling for bacterial culture. Provide the samples in separate containers. The first part of the urinary stream is used for sampling of *Chlamydia* and gonorrhea, the midstream for bacterial culture of the urine.
1. Before sampling, do not urinate for 1–2 hours.
 2. Allow 20–30 ml of urine into the container. Start this collection from the very beginning of voiding.
 3. Open the sample pack which includes a transport tube and a pipette.
 4. Open the cap of the transport tube (Fig. 1). **The transport tube contains liquid which may not be thrown away.**
 5. Using the pipette, move enough urine from the sample container into the tube to fill the tube to the **level between the lines** on the side of the tube (Fig. 2).



Fig. 1



Fig. 2

6. Plug the tube tightly.
7. **Write your name, social security number, sampling date and sampling time on the sticker that came with the materials from the lab.**
8. **Attach the sticker onto the transportation tube.**
9. Place the transportation tube into the plastic bag.
10. Keep the transportation tube at room temperature.
11. Take the sample container to the laboratory **on the day after sampling (at the latest).**

If you have difficulties in moving the urine from the container to the tube, you may bring the urine in the sample container to the laboratory. The container must be closed tightly. The sample may be stored at 2–30°C for a maximum of 24 hours.

Please contact the department or outpatient clinic if you have questions regarding the sampling procedure for this examination.

You may ask for the result of this examination at the hospital unit where you are being treated.

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This instruction is intended for our patients who are in a care relationship.