

# HOSPITAL DISTRICT OF SOUTHWEST FINLAND

## FECAL SAMPLING FOR PINWORMS (THREADWORMS) (F-ENVE-O, F-KIHOMATO, 2053)

The pinworm lays its eggs nighttime in the surroundings of the anal opening. This examinations is performed to identify such eggs.

### Materials

1. Cotton swab
2. Tube-shaped container containing 1 mL of physiological saline solution.
3. Plastic bag and sticker for name

### Procedure

1. Take the sample in the morning before your morning routines (defecation and showering).
2. Dip the tip of the cotton swab in the saline solution in the tube.
3. Rub the area around the anal opening with the cotton swab.
4. After this, push the cotton swab about ½ cm into the anus and turn it between your fingers.
5. Take out the cotton swab with the sample from the anus and cut or break it so that it fits completely into the tube containing the saline solution.
6. Plug the tube tightly.
7. **Write your name, social security number, sampling date and sampling time on the sticker that came with the materials from the lab.**
8. Fix the sticker to the tube.
9. Place the tube into the plastic bag that came with the materials from the lab.
10. Keep the tube at room temperature.

Return the tube to the outpatient clinic or the laboratory.

Please contact the department or outpatient clinic if you have questions regarding the sampling procedure for this examination.

You may ask for the result of this examination at the hospital unit where you are being treated.

Hospital District of Southwest Finland • [www.vsshp.fi](http://www.vsshp.fi) • Telephone exchange +358 2 313 0000

This instruction is intended for patients who are being treated at the Hospital District.

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