

HOSPITAL DISTRICT OF SOUTHWEST FINLAND

PARASITES IN THE FECES (F-Para-O, 2455)

The examination is done to identify possible parasites in the feces.

Materials

1. Plastic or cardboard container
2. Sample container with preserving agent (formalin) for feces (Fig. 1). **Do not pour out or throw away the preserving agent.** Be careful that you don't get preserving agent into your eyes, respiratory system (mouth, nose) and skin. Should this happen, rinse the parts where you got preserving agent on yourself with lots of water and contact, if needed, the unit that referred you for this laboratory study.
3. Plastic bag and sticker for name

Procedure

Because the excretion of parasites into the feces is variable, three samples should be taken on separate days.

1. Defecate into the container or on toilet paper.
2. Open the container for the fecal sample. Using the spatula attached to the top, take about half of a teaspoonful of feces into the container (don't fill the container).
3. If you have diarrhea, take one tablespoonful into the container.
4. Close the container tightly.
5. Shake the container until the sample is liquid.
6. Please be careful so that the outside of the container doesn't get sample on it.
7. **Write your name, social security number, sampling date and sampling time on the sticker that came with the materials from the lab.**
8. **Affix the sticker to the sample container.**
9. Put the sample container into the plastic bag.
10. You may keep the sample container (with the sample) at room temperature at most for 5 days.

Take the sample container with the sample to the laboratory.

Please contact the department or outpatient clinic if you have questions regarding the sampling procedure for this examination.

You may ask for the result of this examination at the hospital unit where you are being treated.



Fig.1

Hospital District of Southwest Finland • www.vsshp.fi • Telephone exchange +358 2 313 0000

This instruction is intended for patients who are being treated at the Hospital District.