

After coronary angiography and or balloon angioplasty

After coronary angiography and/or balloon angioplasty, the arterial wall is weak at the puncture site. The puncture site will generally heal within a week; you may then resume your normal daily activities without any restrictions. Follow the instructions below to ensure healing:

For two days, you should avoid

- strenuous physical activity, long walks and sauna baths.
- If the procedure was performed via an artery in the groin, you should support the puncture site with your hand, e.g. when coughing, for a few days following the procedure.

Medication

Follow the medication instructions you were given in the hospital.

If you underwent balloon angioplasty and had a stent (metal mesh tube) inserted in your coronary artery, medication (Plavix®, Eficent® or Brilique®) was started while you were in hospital to prevent blood clots around the stent. This medication is often used in combination with acetylsalicylic acid (e.g. Aspirin®, Disperin®, Primaspan®).

The risk of blood clots is at its greatest in the first few weeks following the procedure. That is why it is important that you follow the medication regimen regularly at home as prescribed by your doctor. You must talk to your doctor before you discontinue your medication use.

If you have diabetes and use any of the following medications: Competact®, Diformin retard®, Eucreas®, Glucophage®, Janumet®, Metforem®, Metformin®, Velmetia®, Oramet®, Jentadueto®, Vipdomet®, Xigduo® or Komboglyze® - put it on hold for two days after the procedure.

If there is bleeding or swelling at the puncture site

- Start applying pressure to the site at once.
- Leave for the nearest health care centre or hospital without delay.
- Continue applying pressure to the puncture site until it has been checked by a healthcare professional.

Get in touch

- if the puncture site becomes sore, if you notice any changes in how your arms and legs function, or if your chest pain symptoms become worse or return.

Cardiac Unit, tel 044 707 9381, Monday through Friday 9 am – 12 pm

Satasairaala Wellbeing services county of Satakunta