

## Antagonit Protocol (Short Protocol)

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<b>First day of your menstrual period</b> (full flow) (= cycle day 1)	<b>The day to start ovarian stimulation injections</b> (cycle day 2 or 3)	<b>The first ultrasound</b> (after 7-8 ovarian stimulation injections)
Monday	Tuesday	Tuesday
Tuesday	Thursday	Friday
Wednesday	Thursday	Friday
Thursday	Friday	Friday
Friday	Sunday	Monday
Saturday	Sunday	Monday
Sunday	Monday	Monday

Date of your cycle day 1: \_\_\_\_\_

Date of your first ovarian stimulation injection: \_\_\_\_\_

Ovarian stimulation medication (to increase follicle growth, daily injections under abdominal skin): Bemfola®, Gonal-F®, Menopur®, Meriofert®, Ovaleap®, Rekovelle® or Pergoveris®

Dose: IU / day  
New dose : IU / day, from: \_\_\_\_\_

Fyremadel® or Ganirelix® (to inhibit a premature ovulation, daily injections under abdominal skin or upper leg).

Starting of Fyremadel/Ganirelix :

- ☐ the fifth day (5.) of ovarian stimulation injections
- ☐ the sixth day (6.) of ovarian stimulation injections

Injection to induce ovulation: Gonasi Set® or Ovitrelle® or Gonapeptyl®

Dose: Date: Time:

Date of egg cell collection:

During the treatment condom should be used in intercourse.

Phone hours:

Tuesday 7.30–8.00 a.m. and 15.15–15.45 p.m.

Wednesday 15.00–15.45 p.m.

Friday 8.00–9.00 a.m.

Phone number (02) 627 7820

Injection timetable:

- \* = Date of the first ovarian stimulation injection
  - Take this timetable with you to the fertility clinic
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- Last menstruation (= cycle day 1) : \_\_\_\_\_

Date	Day of injection	Medication 1:	Medication 2:	Medication 3:
*	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
	7.			
	8.			
	9.			
	10.			
	11.			
	12.			
	13.			
	14.			