

CT scan of the abdomen or body

i.e. CT scan of the abdomen, upper abdomen, lower abdomen, body or urinary tract

Why the scan is being done

With the help of the scan, illnesses in the stomach and lung area can be detected.

Getting ready for the scan

You may eat and drink as normal.

If you have not received other instructions from the unit where you are treated, you may take your regular medications as normal.

Remove jewellery and piercings from the body area before the scan.

If you have a sensor that measures glucose in interstitial fluid, replace the sensor after the scan.

Inform the radiographer before the scan if you are hypersensitive to contrast medium that contains iodine.

Before the scan, tell the radiographer if you are pregnant or suspect pregnancy.

Drink 5 dl of water or juice 1 hour before your ct scan. When you come to the exam, there must be urine in your bladder. Do not go to the toilet just before the scan.

If you have a urinary catheter, close it 2 hours before the scan.

How the scan is done

The CT scanner is used to obtain cross-sectional images of the body using X-rays.

The scan is painless.

During the scan, it is important to lie absolutely still. You will lie on your back on the examination table. The table will move during the scan.

The radiographer will be able to see you, hear you, and talk to you at all times during the scan.

You will be given a contrast medium that contains iodine into a vein to improve visibility of your blood vessels and tissues. The contrast medium will cause a temporary sensation of warmth and you may have a metallic taste in your mouth. The contrast medium will be eliminated from your body through urine.

The scan takes about 15 minutes. However, you should reserve slightly more time for your appointment.

After the scan

Drink plenty of fluids after the scan. Drinking helps eliminate the contrast medium from your body.

Where do you get the scan results

You will get the results from the referring outpatient clinic or ward.

Other considerations

There is no separate fee for the scan; it is included in the outpatient clinic fee.

If you are unable to attend your scheduled scan appointment, please let us know as soon as possible.

A penalty fee will be charged for a missed appointment not cancelled in advance.

Contact information

If you have any questions about the scan, please contact the imaging unit you are scheduled to attend.

Pori Satasairaala and Rauma

You can call our joint service number:
044 707 9202.

Phone hours:

Monday to Friday,
8 am–2.30 pm.