



# Collecting a stool sample, bacterial culture (F-BaktNhO 13904)

### Purpose of the test

The stool sample is examined for bacteria causing diarrhoea.

## Sampling kits

Sampling kits are available from the laboratories of SataDiag or from your local health centre.

#### Contents of the sampling kit:

- sample container
- cotton swab and transportation tube
- resealable plastic bag
- name stickers.

## **Collection:**

- 1. Collect some stool into a clean disposable dish.
- Open the wrappers of the transportation tube.
  Remove the white cap.
  You can dispose of the cap.
- Saturate the swab with plenty of faeces.
   Collect the sample from bloody or mucous parts if there are any.
- 4. Press the swab into the transportation tube. There is a cap at the end of the swab. It will seal the tube.

No faeces should remain on the outer surface of the tube.

5. Open the sample container.

Transfer stool into the container with the spoon attached to the cap. Half full is an adequate amount. No faeces should remain on the exterior of the tube.

- 6. Close the container carefully.
- 7. Make sure that the sample tube and the container have your:
  - name
  - personal identity number
  - date of collection and
  - time of collection.
- 8. Place the tube and the container into the plastic bag. Close the bag tightly.

## Storing and returning the sample

Take the sample to a laboratory within 24 hours from collection.

Store the samples in a refrigerator.



You need a sample container and a transportation tube in order to take a stool sample.

## **Contact information**

Satakunnan hyvinvointialue Laboratory - SataDiag Phone enquiries 02 627 6410 weekdays 10 am – 3 pm. Please note that test results are not given over the telephone.