

Day surgery procedure

You are scheduled to have a procedure at the day surgery unit. You can find the date and time of your procedure in the invitation letter.

Welcome to the unit that provides good service!

Do not eat before coming to the hospital

Do not eat or drink anything for 6 hours before you come to the hospital. Take any morning medications you use on a regular basis with water.

If you are taking anticoagulants (blood thinners), please read the invitation letter for more detailed instructions.

Be sure to follow carefully the instructions on not eating. If not, the procedure may have to be cancelled.

Other preparations

There are some forms attached to this letter. Fill them out carefully and bring them with you to the hospital.

Wash yourself carefully and remove nail polish. Do not wear makeup. Remove all jewellery and piercings.

Check your skin in the area of the procedure to make sure it is healthy.

Bring with you any medications you need to take during the day, such as asthma

medications, insulins or blood sugar medicines in tablet form.

In the hospital

You will be interviewed by a nurse before the procedure. You will also meet the operating surgeon.

Be prepared that you may have to wait some time before the procedure.

After the procedure, you will be monitored in the Day Surgery Unit. You will be given a light snack when you are feeling well enough to eat.

Discharge from the hospital

You will be discharged on the same day when you are feeling well enough.

The time of discharge depends on the medicines you have been given and the procedure performed. The Day Surgery Unit closes at 6 pm.

You will need an adult to stay with you at home because of the anaesthesia (general or local) used during the procedure.

Your family / friend can call 02 627 3848 to enquire when you will be discharged.

Important

You are not allowed to drive a car until the following morning so you must arrange for someone to pick you up. You may also use a Kela taxi to take you home.

Reimbursement for travel expenses

As a rule, Kela reimburses expenses for the least expensive means of transportation, usually train or bus. If the traffic connections are poor, please contact Kela in advance to agree on the reimbursement.

Once you are discharged after the procedure, you can use a Kela taxi if you do not have anyone to pick you up. The transportation will be arranged by a nurse. The deductible is €25.

For more information about reimbursement of travel expenses, go to www.satasairaala.fi → Potilaille → Hoitootulo → Matkakustannukset (in Finnish)

Give feedback

We are doing our utmost to make your visit as smooth as possible. Please tell us how we are doing. It is important as it helps us improve the care we provide for our patients. Thank you for your feedback.

Find us on the web

To visit the Day Surgery Unit website, go to www.satasairaala.fi → Toimipaikat → Satasairaala, osastot ja poliklinikat → Päiväkirurgia (in Finnish).

Contact information

Satasairaala
Sairaalantie 3
28500 Pori

Day Surgery Unit
O Building

Nurses
Monday to Friday, 9 am–3 pm
Tel. 044 707 3840

Care coordinator
Monday to Friday, 7.30 am–2 pm
Tel. 044 707 3835

Attached to this letter is a printout of a map of Satasairaala.