

## Instructions for wound care after skin biopsy

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- Your wound is covered with a wound dressing**
- Your wound has been closed with stitches**

### Wound dressings

You can remove the dressings 1-2 days after the procedure.

If there is blood or other exudate seeping from the wound, cover it with a clean dressing.

If the dressing becomes soiled or wet, replace it with a clean one.

### Getting the wound wet

The wound is allowed to get wet 24 hours (one day) after the procedure.

Do not shower the wound at high pressure, rub it or use soap on it.

You can take a bath if your wound has been closed with stitches. Do not swim or go to the sauna until after the stitches have been removed.

### Please note

If you have problems with wound healing, contact your local health centre or the Outpatient Clinic for skin diseases.

You should contact a doctor or a nurse, if

- there is bleeding or other exudate from the wound that will not stop
- if you develop a fever above 38°
- there is increasing warmth, swelling, redness or pain in the wound.

### Stitch removal

Make an appointment for stitch removal.

The stitches may be removed by a nurse or public health nurse at your health centre.

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