

Intraocular medication injections

Intraocular injections are used to treat conditions such as wet form of age-related macular degeneration and macular oedema. The purpose is to prevent the formation of new, abnormal blood vessels and the bleeding caused by them. The aim is to slow down deterioration of vision. The medication is injected into the vitreous body of the eye under local anaesthesia.

Before the procedure

Wash yourself thoroughly the night before. Wash your hair as well. You may eat, drink and take your daily medicines as usual. If the doctor has prescribed you eye drops, apply them as instructed. Start applying moistening eye drops to both eyes 2–3 days prior to the procedure.

On the day of the procedure

Take your daily medicines as usual. You are allowed to eat and drink normally. Remember to wash your face and eyes as well. Do not apply makeup to your face or eyes.

The injections

Before the procedure, the skin around the eye is cleaned thoroughly. Eye drops that contain iodine are applied to the surface of the eye to prevent infections (unless you are allergic to iodine). The eye is anaesthetised using eye drops and a very small amount of medicine is injected into the vitreous body. You may feel a slight pain when the needle is inserted.

After the procedure

The eye may appear red after the injection. You may also experience slight pain and a feeling of having something in your eye, as well as temporary blurring of vision. These symptoms are caused by the procedure and are usually harmless. You can use disposable moisturising eye drops to avoid the symptoms.

Two days after the procedure:

- avoid getting soapy water into the affected eye
- Wash your hands carefully before eye treatment
- Wipe your eyelids with disposable cottoncloths wetted with tapwater
- to avoid infection, do not go to the sauna, swim or take a bath
- Avoid heavy physical work and exertion for three days. You know that the exercise is too heavy if you need to struggle with it.

Compensation for travel expenses

As a rule, compensation is provided by KELA for travel expenses by public transportation (bus).

Get in touch

- If you have an infection in your eyelids, there is discharge from the eyes or you become ill prior to the procedure, contact the treating unit well in advance of your appointment.
- If you have a severe pain in your eyes after the procedure.

Eye Clinic M2, tel. 02 627 7841, Monday through Friday, 8 am – 3 pm