

## Scintigraphy of thyroid metastases

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### Purpose of the study

The purpose of the study is to assess the condition of the thyroid area and locate possible metastases. The study is conducted with a previously administered treatment dose.

### Study protocol

During the study, you will be lying down and can wear your own clothes.

### Duration of the study

It is advisable to allocate approximately 1.5 - 2 hours for the study, after which you can go home.

### After the study

A physician will provide a statement on the study, which will be directed to the clinic or department that made the referral. The referring unit will take care of any further actions.

### Precautions

The iodine used during the treatment continues to emit radiation into the environment. Excess iodine is excreted from the body through sweat, urine, and feces. Therefore, your excretions are also radioactive. You must follow the instructions given during and after the treatment.

If you are traveling outside the borders of Finland within a couple of months after the study, please ask the nurse for a certificate of the treatment you received. Radiation detectors at border crossings can detect the radiation emitted by radioactive iodine for several weeks after the study.

Please do not wear any perfume when coming to the department as it may cause severe symptoms to patients with asthma or allergy!

### Contact information

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Phone number 02 627 7361  
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