

Wound care instructions for pacemaker patients

Wound dressings

You can remove the dressings 24 hours after the procedure.

If there is any blood or exudate from the wound, cover it with a clean dressing. If the dressing is soiled or wet, replace it with a clean one. Wound dressings are available from stores that sell wound care products or from pharmacies. The dressings do not have to be sterile.

Getting the wound wet

Getting the wound wet (e.g. when taking a shower) is allowed three days after the wound has been closed with stitches. Do not use soap on the wound or rub it. Do not go to the sauna, swim or take a bath until after the stitches have been removed.

Stitch removal

The stitches are taken out by a nurse/public health nurse at a time determined by the doctor:

_____ / _____ 20_____

Get in touch with a doctor or nurse if

- there is increasing pain in the wound
- there is constant bleeding or other exudate from the wound
- if you develop a fever (above 38°C)
- increasing warmth, redness or swelling appears in the wound

Contact Information

Cardiac Unit

Monday to Friday, 10 am–4 pm

Tel. 044 70 6656

Satasairaala Wellbeing services county of Satakunta