

## After a child's dental procedure

These instructions are intended for printing. The instructions contain sections to be filled in.

### Procedure

Your child has had cavities filled in \_\_\_\_\_teeth, and \_\_\_\_\_teeth removed.

There are \_\_\_\_\_ absorbable sutures in the mouth.

There are \_\_\_\_\_ sutures in the mouth that need to be removed.

### Treatment of pain

You can give pain medication that is suitable for the child if needed.

Paracetamol \_\_\_\_\_

Anti-inflammatory \_\_\_\_\_

### Recovery

Children may have nausea after the anaesthesia. That is why they need rest and adult supervision on the day of the procedure.

The child may eat cool and soft food on the day of the procedure.

Teeth should be brushed in the evening of the procedure without toothpaste and avoiding the holes where teeth have been removed.

The child may go to school or day-care the next day and eat normally.

Follow-up care will happen in the dental clinic of the child's own health care centre.

### Contacts

If there are problems in the recovery, contact:

Day Surgical Unit on working days from 07.00–15.00, telephone 06 213 1552

Mouth and Jaw Surgery Outpatient Clinic on working days from 08.00–15.00, telephone 06 213 1572

Dental clinic of the health care Centre

Telephone nursing services from 15.00–08.00 on Monday–Thursday and from 14.00–08.00 on Friday and 24 hours a day during weekends and on midweek holidays, telephone 116 117

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This instruction is intended for our patients who are in care relationship.