Vasa centralsjukhus
Vaasan keskussairaala

Cone biopsy from the cervix

These instructions are intended for printing. The instructions contain sections to be filled in.

Conization is performed to remove abnormal cells or to help in making a diagnosis.

Procedure

The procedure is performed under general or local anaesthesia. A cone-shaped sample is taken from the cervix using a cauterizing wire loop or a knife.

Recovery

Recovering from the operation and anaesthesia takes a few hours at the ward. During your sick leave, you should avoid heavy physical effort. Due to a risk of inflammation, you should avoid intercourse, swimming, bathing, and using tampons for the duration of the associated vaginal discharge (1–2 weeks). It is recommended that you wash the genital area and change your sanitary pad often enough.

Treatment of pain

Usually, non-prescription painkillers are enough for home treatment.

Paracetamol

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Anti-inflammatory

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Strong painkiller

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Other medication

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Follow-up visit can be arranged to the Gynaecological Outpatient Clinic or the results are sent via mail. The next smear test is taken at the Gynaecological Outpatient Clinic after about a month.

Sick leave is 1–2 days depending on the procedure.

Contact us

If you experience inflammatory symptoms (fever, severe pain, foul-smelling vaginal discharge) or if the discharge is profuse or continues for over 2 weeks, you should contact your health Centre or occupational health Centre.

Gynaecological Outpatient Clinic on working days from 14.00–15.00 telephone 06 213 2012
Day Surgery Unit on working days from 07.00–15.00 telephone 06 213 1552
Your own health Centre or occupational health Centre
Telephone nursing services from 15.00–08.00 on Monday–Thursday and from 14.00–08.00 on Friday and 24 hours a day during weekends and on midweek holidays, telephone 116 117