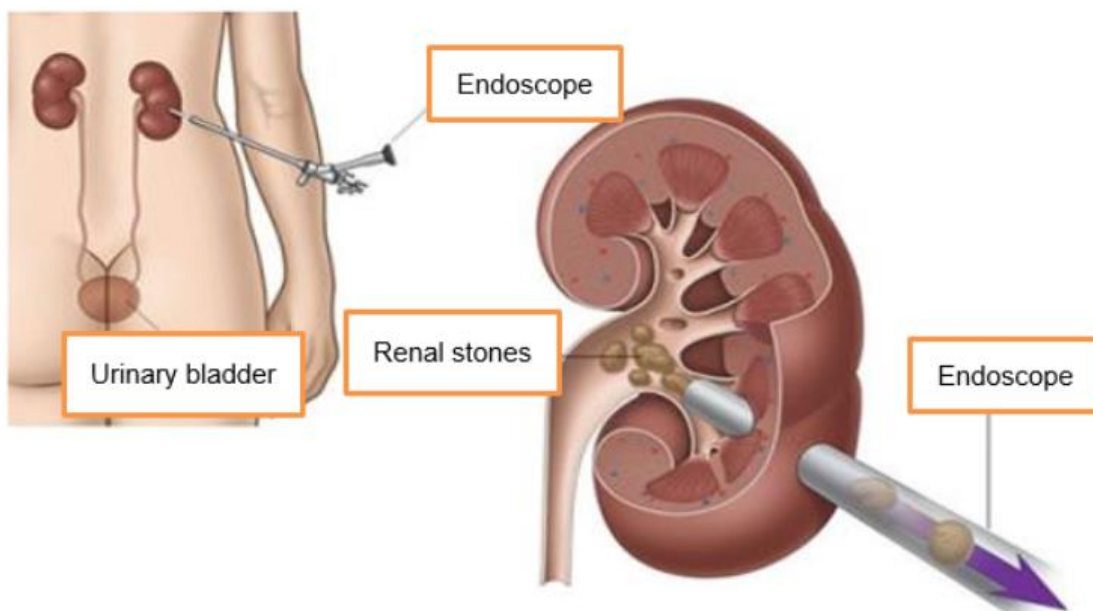


Percutaneous nephrolithotomy (PCNL) for removal of kidney stones

PCNL means removing kidney stones by endoscopy (through a tube inserted through the skin) when the stones are too big (over 2.5 cm), hard and cannot be removed by shock wave therapy. General anesthesia is used during the procedure. The pelvis of the kidney is inspected, and the kidney softener(s) removed through the endoscope which is inserted from the back.



After the procedure

- The total time you spend in the hospital is usually 3–5 days.
- Your condition allowing on the day after the procedure, you may eat ordinary food and walk around as much as you manage.
- During the procedure, a renal catheter is inserted and left in place. It is removed before you are dismissed from the hospital. There will be a puncture site on your back, which will be protected with a bandage until fluid secretion stops.

Sick leave and follow-up

- The duration of the sick leave after the PNCL is decided on an individual basis and depends on the work you do.
- Follow-up is tailored as needed.

Contact the clinic or the emergency services of your region if

- you have a temperature of more than 38 °C,
- you have problems urinating,
- the area of the puncture site or the puncture site itself is tender, red, swollen or secretes blood or pus.