

## Supervised drug testing instructions

### How to prepare yourself for the test

1. Be prepared to submit a sample of urine.
  2. Be prepared to prove your identity.
- For this, bring with you an identification document with a photograph of you (driver's license, passport or ID-card containing a photograph of you). **The identification document must be valid.**

### Sampling procedure

1. Leave your coat, bags and other loose items outside the toilet cubicle and empty your pockets.
2. There will be a supervisor of sample provisions to supervise you when you submit your urine sample. You will get detailed instructions on the sampling procedure from the supervisor.
3. At least 20 millilitres of urine are needed for drug testing.
4. Immediately after you have provided the sample, the sampling supervisor will fetch the sample from the toilet cubicle and will evaluate if the sample is acceptable.
5. The supervisor will transfer the samples into two tubes which he/she will seal.
6. If you fail to submit a sample, discuss the next steps with the sampling supervisor.

In matters related to this examination you may contact the hospital unit that ordered the examination.

You may ask for the result of this examination at the hospital unit where you are being treated.

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