
Urine cytology test

U-Syto 4078

A urine cytology test uses a sample of your urine to look for abnormal cells in your urine. A complete urine cytology analysis usually requires three (3) urine samples taken on consecutive days.

Preparing for the test

1. Empty your bladder and drink 0.5 liters of fluids.
2. Take the sample after 1 - 2 hours.
3. Urine that has been sitting in the bladder for over four (4) hours is not suited for a urine cytology test, because the cells in the urine may have degraded.

Instructions for urinary sampling

The sample containers you have been given are half filled with a liquid preservative to make sure the cells in the urine remain intact until the sample can be processed.

- Wash your hands.
- Wash your genitals with water and dry gently with toilet paper.
- Let some urine go into the toilet.
- Then, without interrupting the urine stream, urinate into a clean container (without preservative). Let the rest of the urine go into the toilet.
- Fill the sample container (with preservative) with your urine to the fill line.
- Close the container tightly and mix well by inverting the container several times.

Storing the sample(s)

If you cannot take the sample(s) to the laboratory on the same day, the sample(s) should be stored in room temperature.

1. Write your name, social security number, sampling date and sampling time on the stickers that came with the materials from the lab.
2. Take the samples to the laboratory as instructed.
3. You may take all (3) samples taken on consecutive days to the laboratory at the same time.