

## Bronchoscopy (endoscopic examination of the airways)

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The bronchoscopy will be performed at the Endoscopy Unit situated in Building N (1<sup>st</sup> floor). It is important to be prepared for the examination, so please read and follow these instructions carefully.

### Getting ready for the bronchoscopy

Alcohol use is forbidden from the day before the examination to the end of the day when you have your bronchoscopy.

**Do not eat or drink anything after midnight the night before your bronchoscopy.**  
**Smoking is not allowed on the day when you have the examination.**

Remove any piercings in your mouth or lip area before the examination.

### Other considerations

If you are using **anticoagulants (blood thinners)** (e.g. Marevan®, Pradaxa® or other) and you have not been given instructions on dosing on the days before the examination, if you have a **pacemaker**, if you have diabetes **treated with insulin**, or if you are **allergic to local anaesthetics**, contact the unit where you are being treated no later than a week before your scheduled bronchoscopy.

You can take **your regular medications** (for your heart, blood pressure, epilepsy, asthma, including inhaled medications) as normal with a small amount of water (0.5 dl) no later than two (2) hours before the examination.

### How the examination is carried out

Before the examination, your throat will be anaesthetised with Xylocain while you are sitting up. You will lie down during the examination. The examination takes about 15–30 minutes.

After the examination, you will be monitored **for about 2 hours**. You are not allowed to eat or drink during this time. After the monitoring period, you will be given a light snack before going home.

### Symptoms after the examination

Following the examination, you may cough up some blood on the same day, and your temperature may be elevated. If there is a great deal of bleeding or if you develop a high fever or have shortness of breath or chest pains, contact the number given below.

### Contact information

Satasairaala  
Pulmonary disease outpatient clinic KEUP  
Monday–Friday, 8.15 am– 14.30 pm tel. 02 627 7081