

## Home care instructions after gynaecological sampling

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### Post-sample discharge

After sampling, you may have bloody discharge that lasts for a few days. Due to risk of infection, sexual intercourse, tampons, swimming and taking a bath must be avoided as long as the bloody discharge lasts.

### Hygiene

Good hygiene prevents infections. Wash your genital area in the morning and in the evening while the bloody discharge lasts. Use water only.

### Pain medication

During the first 24 hours, you can take over-the-counter painkillers to alleviate pain.

### Results

The sample is sent to a pathologist for analysis. The results are ready in 4-6 weeks and can be seen in Kanta-system.

### Contact information

If you have any concerns, call the on-call obstetrics & gynaecology nurse, tel. 044-707 7822.

For appointment queries, call the outpatient clinic secretary, tel. 02-627 7811, weekdays 12 noon–1.30 pm.