

Preparing for cataract surgery

Cataract is clouding of the lens in the eye. Most cataracts are related to aging. Other causes may include some general illnesses, medications or injury to the eye. Cataract is always treated with surgery - most commonly day surgery under local anaesthesia.

Before surgery

- Stop using contact lenses two days before surgery.
- Wash yourself with care the night before surgery. Wash your hair, too.
- Buy cotton pads for cleaning your eyes and skin tape (from a pharmacy) for attaching the protective shield. You will get the shield from the hospital on the day of your surgery.
- Take your daily medicines as usual. Marevan or other similar medicines can be taken as usual unless other arrangements have been made with your doctor.
- You can eat and drink normally.

On surgery day

- Please report to the ward on the day and at the time indicated in your invitation letter.
- You can eat and drink normally.
- Take your daily medicines normally, including insulin.
- Do not take any laxatives or diuretics.
- Wash your face carefully. Do not apply makeup to your face or eyes.
- Put on a shirt that opens in the front. In the operating room, monitoring devices will be attached to your chest.

After surgery

You will be able to go home the same day. Before leaving the hospital, you will be given written instructions by a nurse. If needed, the nurse will call someone to collect you or call a taxi.

Get in touch

If you become ill, your eyes become infected or if you are unable to keep your appointment.

Eye Clinic M2, tel. 02 627 7841
Monday through Friday, 8 am–3 pm