

Urinary stone removal by urologic endoscopy

A urinary stone in the ureter or kidney is removed by endoscopy through the urethra. The procedure requires general anesthesia. Sometimes it is necessary to also put a ureteral stent during the endoscopy. The stent ensures the flow of urine from the kidneys to the bladder.

After the procedure

You may move around and eat normally. You can go home the day after the procedure. If the procedure is made as day-surgery, your discharge is on the same day. The duration of sick leave after the procedure is determined on the basis of your individual situation but is usually a few days.

The need to urinate may be increased and your urine may be blood-stained for a few days after the procedure. You should drink plenty of liquid (1.5–2 liters per day) – this promotes clearing of the urine from blood and recovery of the urinary tract after the procedure.

Follow-up

Follow-up and the need for check-ups after the procedure are decided individually as determined by the urologist.

Contact information

Surgical ward 2
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