

Information for patients receiving a ureteral stent

These instructions are intended for printing. The instructions contain sections to be filled in.

You have an obstruction in your ureter, preventing the flow of urine from your kidney to your bladder. With the help of a cystoscope, a thin telescope passed into the bladder through the urethra, a specially designed thin tube called a stent will be placed in your ureter to facilitate the flow of urine past the obstruction.

Procedure

After insertion of the cystoscope, fluid is injected into the bladder to expand it. A thin guidewire is then inserted through the cystoscope past the obstruction to assist placement of the stent. Fluoroscopy can be used to facilitate the procedure. The procedure is performed under spinal or general anaesthesia and takes about 30 to 60 minutes.

Recovery

After cystoscopy you may have smarting pain on urination a few times. Some blood or blood clots may be passed with urine. To flush your bladder, you will be asked to drink 1.5 to 2 litres of fluids during the first 24 hours. Abundant fluid intake will also help prevent urinary tract infections. Any infections normally develop within about a week. If the symptoms do not subside within a few days, you can contact your own health centre or occupational health care service.

Pain management

Analgesics are usually not required at home. You can take prescription-free analgesics, as necessary.

Paracetamol

Anti-inflammatory analgesic

Other medications

Sick leave will be prescribed for 1 to 2 days.

Contact telephone numbers

Day Surgery Unit, weekdays from 07.00–15.00, telephone 06 213 1552

Your own health Centre or occupational health unit

Telephone nursing services from 15.00–08.00 on Monday–Thursday and from 14.00–08.00 on Friday and 24 hours a day during weekends and on midweek holidays, telephone 116 117

Vaasa Hospital District • www.vaasankeskussairaala.fi/en • Telephone 06 213 1111

This instruction is intended for our patients who are in care relationship.