

## **Colonic transit study**

A colon transit study is used to determine the function of the colon in an adult patient.

You will receive a Sitzmarks capsule containing contrast marker rings from the referring unit, unless agreed otherwise locally.

Swallow the capsule with water five days before the examination. After taking the capsule to be used in the examination, you should not use laxatives, enemas or suppositories before the X-ray examination, unless your doctor tells you otherwise. You can eat and drink normally.

Five days after taking the capsule, an x-ray will be taken of your stomach. The x-ray image shows how many marker rings are left. After the examination, you will be able to eat and drink normally and use any laxatives.

You will receive the test results from the referring doctor.