

## **Stereotactic vacuum-assisted biopsy of the mammary gland**

### **Patient instructions**

The purpose of this procedure is to examine in more detail the abnormality that was found in the breast.

### **How to prepare for the procedure?**

Please stop any anticoagulant medication 2-3 days before the procedure, with due consideration to your underlying disease (eg a prosthetic valve). In these cases, consult your doctor. Omega-3 supplements currently in use are also paused. There are no other preparations for the study.

### **How is the procedure done?**

The sampling site is always anesthetized before biopsy. A small skin opening is made at the injection site.

Tissue samples are taken with a mammography device with the breast under tight compression.

Approximately 1.5 hours should be set aside for the procedure.

### **What about after the procedure?**

After taking the samples, the injection site is pressed with a cold pack for at least 10 minutes to avoid bleeding. After the examination, the breast may feel tender and develop a bruise.

The injection site should be kept dry for 1 day. The sample results take about 1 week to complete. You will hear the results from your referring doctor.