

This instruction is intended for our patients who are in a care relationship. The Wellbeing Services County of South West Finland. Turku University Hospital.

Transvaginal gynecological surgery

You have been scheduled for a transvaginal operation, which is performed through the vagina. This technique can be used to repair uterine and vaginal prolapse and to remove the uterus.

Preparing for the surgery

Preparing for the surgery starts at home. For more information, you can read [Preparing for a gynaecological surgical procedure](#). **Arrive to the hospital according to the instructions detailed in your admission letter on the day of the surgery.** In the morning, you will meet the doctor performing your operation at the surgical department. If necessary, a pelvic exam is performed.

Transvaginal surgery

The operation is usually carried out under regional spinal anesthesia. The incision or incisions are located inside the vagina. If the operation is performed to repair prolapsed tissue, a medical mesh can be used to support your own tissues.

After the procedure at the hospital

In the beginning, you are monitored at the surgery unit's recovery room after the operation for a few hours, and after that, in a resting area. You will receive pain and anti-nausea medication.

After a transvaginal operation, we will ensure that urination is possible without an issue: a nurse will measure the amount of retained urine in the bladder with an ultrasound or, if necessary, by draining the bladder with a single-use catheter.

Getting up on the day of the surgery promotes recovery and the return of normal bowel functions, and it decreases the risk of venous thrombosis. You should move as you are able, but remember to rest as well.

Discharge from the hospital

You will be discharged on the day of the surgery. However, please note that you need an adult who can collect you from the hospital and stay with you at home overnight to be discharged. Medical leave is usually prescribed for 3 to 4 weeks, depending on the extent of the procedure.

At home after the surgery

You will receive individual instructions on postoperative care at home, as well as written instructions: [After a gynaecological procedure](http://www.hoito-ohjeet.fi/en/). (www.hoito-ohjeet.fi/en/).