

## Hydroxyindoleacetic acid in the serum (S-5HIAA, 6262)

### How to prepare yourself for the test

1. **Follow the instructions of the doctor concerning your medication.**
2. Your doctor will instruct you on which medicines you need to discontinue before blood sampling.
3. At least one day (24 hours) before the test you may not eat:
  - avocado
  - banana
  - plums
  - kiwi
  - pineapple
  - grapefruit
  - melon
  - dates
  - aubergine (eggplant)
  - tomato
  - tomato products
  - blue cheese and similar cheeses produced with cultures of mold
  - nuts
4. If you have not been able to follow instructions, please tell about this to the laboratory nurse taking your blood sample.

In matters related to this examination you may contact the hospital unit that ordered the examination.

You may ask for the result of this examination at the hospital unit where you are being treated.

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