

Cystoscopy

These instructions are intended for printing. The instructions contain sections to be filled in.

Cystoscopy is performed, if the patient experiences urinary problems or, for example, the urine contains blood. The procedure provides information on the inner surfaces and capacity of the bladder. Small samples may be taken and operations performed during the procedure.

Procedure

Cystoscopy is performed under local anaesthesia with an anaesthetic gel. Relaxing medication or painkillers may also be given, when required. In the procedure, a small optical tube (cystoscope) is taken into the bladder through the urethra, and the bladder is widened with fluid. The procedure lasts approximately 15 minutes.

Recovery

After the cystoscopy, you may experience burning feeling when urinating for the first few times. Blood and clotted blood may be found in the urine. To flush the bladder, it is recommended that you drink 1.5–2 litres of fluids during the first 24 hours. Drinking plenty of fluids also prevents urinary tract infection. Possible infections usually appear within a week. If the symptoms do not pass within a few days, you may contact your own health Centre or occupational health Centre.

Treatment of pain

Painkillers are not usually needed at home. If required, you may use non-prescription

Paracetamol

Anti-inflammatory

Strong painkiller

Other medication

Sick leave is given for the day of the operation.

Contact us

Day Surgery Unit on working days from 07.00–15.00, telephone 06 213 1552

Your own health Centre or occupational health Centre

Telephone nursing services from 15.00–08.00 on Monday–Thursday and from 14.00–08.00 on Friday and 24 hours a day during weekends and on midweek holidays, telephone 116 117

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This instruction is intended for our patients who are in care relationship.