

## **Bone density scan**

### **Patient instructions**

It is commonly used to diagnose osteoporosis. If you are pregnant, the examination will not be performed, because the imaging uses X-rays.

### **How to prepare for the procedure?**

The procedure does not require any preparation. You need to know your height and weight when you come for the scan.

### **How is the procedure done?**

During imaging, you are lying still on your back on the x-ray table. Bone density is measured in adults at the lumbar spine and hip. In children, the measurement is made of the lumbar spine and wrist, and sometimes of the whole body.

The procedure takes about 30 minutes.

### **What about after the procedure?**

You will receive the results from your referring doctor.