

Calprotectin in the feces (F-Calpro, 4803)

This test is used to follow the activity of inflammatory bowel diseases.

Materials

1. Plastic or cardboard container.
2. Container for fecal sample (Figure 1).
3. Plastic bag and sticker for name.

Procedure

1. Defecate into the container or on toilet paper. Do not take the sample from water in the toilet bowl.
2. Open the container for the fecal sample. Using the spatula attached to the top, take enough feces to fill a little less than half of the container (don't fill the container full).
3. If you have diarrhea, take one tablespoonful into the container.
4. Close the container tightly.
5. Please be careful so that the outside of the container doesn't get sample on it
6. **Write your name, social security number, sampling date and sampling time on the sticker that came with the materials from the lab.**
7. **Affix the sticker to the sample container.**
8. Put the sample container into the plastic bag.
9. Keep the container with the fecal sample **always cool, preferably at refrigerator temperature.**

Take the sample container to the lab on the same day you took the sample. If you take the sample to the laboratory only on the following day, keep the sample at refrigerator temperature.

Please contact the department or outpatient clinic if you have questions regarding the sampling procedure for this examination.

You may ask for the result of this examination at the hospital unit where you are being treated.



Figure 1