

Dexamethasone suppression test (Pt-DXM-R1, 1225)

The examination is done to study the secretion of cortisol, a hormone secreted by the adrenal gland cortex.

How to prepare yourself for the test

There are many medicines that may affect the test result.

1. Tell your doctor all medicines you take - those you take regularly and those you take occasionally. Your doctor decides if you should stop taking a medicine before the test.

Procedure

1. You will receive the dexamethasone tablets for the test from the health care unit where you are being treated.
2. Swallow the tablets with one glass of water at 11:00 PM (23:00 hours) on the evening before you visit the lab.
3. In the lab, at about 8:00 AM (8:00 hours) the following morning a blood test will be taken from a vein on the inside of your elbow.

In matters related to the performance of this examination you may contact the hospital unit that ordered the examination.

You may ask for the result of this examination at the hospital unit where you are being treated

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