

Esophageal contrast imaging/a barium swallow test (ingestion study)

Esophageal contrast imaging/ingestion function studies are used to elucidate the structure, function, and ingestion of the esophagus. Esophageal contrast imaging/ingestion procedure is not suitable for pregnant women.

How to prepare for the procedure?

The procedure does not require any preparation from you.

How is the procedure done?

The examination is performed while standing, or sitting on a imaging table. You receive the contrast agent to drink whilst x-rays are taken of the swallowing and the esophagus. The examination takes about 30 minutes.

What about after the procedure?

You can eat and drink normally. Drinking plenty is recommended to pass the contrast agent faster out of your gut. You will receive the test results from the referring doctor.