

## **MK Joint magnetic resonance imaging arthrography procedure**

These instructions are intended for printing. The instructions contain section to be filled in.

### **How to prepare for the exam?**

You can eat and drink normally as well as take your regular medications. Jewelry and all body piercings must be removed and it is best to leave them at home.

### **How is the study carried out?**

Before the MRI scan the Radiologist will inject contrast agent into the joint. The scan is done in a well-lit and air-conditioned MRI scanner, which is open at both ends. During the MRI scan, you will have an alarm button and a two-way intercom to communicate with the staff. In order to have a successful scan you must keep absolutely still. The examination position is designed to be as comfortable as possible.

The MRI device can be quite loud during scanning; therefore you will have headphones or earplugs during the scan. It is possible to listen to music during most scans. You can bring your own CD.

### **What about after the study?**

For the duration of the scan day, avoid heavy strain on the joint. Do not get the injection site wet until the evening of the day after the scan. Infections caused by the joint injection are extremely rare, but if you experience fever, skin redness or strong pain please contact the doctor on call or emergency department immediately.

The study does not require post-monitoring in hospital. The referring unit (the unit from which the scan was requested) will receive the results of the procedure.

### **Other considerations**

The study takes approximately 30 to 60 minutes. The MRI unit also scans emergency patients, which can lead to changes in the schedule. Please allow plenty of time for your procedure.

The MRI study has no known side effects. However, certain things require attention when planning the scan. Please inform the MRI unit if you have a pacemaker, inner ear prosthesis, medication pump, surgical clips, metallic shards or fragments in your body.

Contraceptive coils and sterilization clips are generally not an obstacle to the MRI examination. Glucose measuring sensors must be removed before the scan. Please mention to your nurse if you are wearing any medication patches.

Please fill in the enclosed information form and bring it with you to the scan.

# MRI Procedure Prerequisite Form

Name: \_\_\_\_\_ ID Number/DOB: \_\_\_\_\_

Height (cm): \_\_\_\_\_ Weight (kg): \_\_\_\_\_

**Yes**      **No**

**Have you had any surgical operations?**

\_\_\_\_\_

If yes, please specify \_\_\_\_\_

**Do you have any of the following in your body?**

**Yes**      **No**

Cardiac pacemaker or cables

\_\_\_\_\_

Artificial heart valves

\_\_\_\_\_

Nerve stimulator and/or associated cables

\_\_\_\_\_

Middle ear prosthesis or inner ear implants

\_\_\_\_\_

Hearing aids

\_\_\_\_\_

Shunts

\_\_\_\_\_

Stents/coils/aneurysm clips

\_\_\_\_\_

Metal fragments (e.g. from welding, fragmentation weapons)

\_\_\_\_\_

Infusion port and/or medication pumps

\_\_\_\_\_

Artificial joints / orthopaedic screws

\_\_\_\_\_

Dental prostheses

\_\_\_\_\_

Tattoos / body piercings

\_\_\_\_\_

Do you have any allergies to contrast or anaesthetics?

\_\_\_\_\_

Do you have reduced kidney function?

\_\_\_\_\_

Are you pregnant?

\_\_\_\_\_

Have you been sterilized?

\_\_\_\_\_