

This instruction is intended for our patients who are in a care relationship

The Wellbeing Services County of South West Finland

Turku University Hospital

MK Soft tissue changes imaging (MRI) procedure

These instructions are intended for printing. The instructions contain section to be filled in.

How to prepare for the exam?

You can eat and drink normally as well as take your regular medications. Jewelry and all body piercings must be removed and it is best to leave them at home.

How is the study carried out?

The scan is done in a well-lit and air-conditioned MRI scanner, which is open at both ends. During the MRI scan, you will have an alarm button and a two-way intercom to communicate with the staff.

In order to have a successful scan you must keep absolutely still. The examination position is designed to be as comfortable as possible.

The MRI device can be quite loud during scanning; therefore you will have headphones or earplugs during the scan. It is possible to listen to music during most scans.

During the scan you may be given an injection of intravenous MRI contrast agent that does not contain iodine. Before the scan you will get an intravenous canula for this purpose. The contrast media will be eliminated from your body through the kidneys and urine.

What about after the study?

The study does not require post-monitoring in hospital. The referring unit (the unit from which the scan was requested) will receive the results of the procedure.

Other considerations

You must not enter the MRI imaging room with objects containing metal or electronic devices. These objects in the imaging room can pose a risk to life. Before entering the imaging room, your pockets must be emptied.

It is essential to follow these instructions for safety reasons. The instructions apply to everyone in the room, including staff and attendants.

There is good ventilation in the MRI imaging room, so you should choose long-sleeved and long-legged clothing. You may also be given hospital clothes at the scanning place.

The study takes approximately 30 to 60 minutes. The MRI unit also scans emergency patients, which can lead to changes in the schedule. Please allow plenty of time for your procedure.

The MRI study has no known side effects. However, certain things require attention when planning the scan. Please inform the MRI unit if you have a pacemaker, inner ear prosthesis, medication pump, surgical clips, metallic shards or fragments in your body.

Contraceptive coils and sterilization clips are generally not an obstacle to the MRI examination. Glucose measuring sensors and medication patches must be removed before the scan.

Please fill in the enclosed information form and bring it with you to the scan. The prerequisite information form is filled out at each examination and is reviewed with the staff before the imaging.

MRI Procedure Prerequisite Form

Name: _____ ID Number/DOB: _____

Height (cm): _____ Weight (kg): _____

Yes **No**

Have you had any surgical operations?

If yes, please specify _____

Do you have any of the following in your body?

Yes **No**

Cardiac pacemaker or cables

Artificial heart valves

Nerve stimulator and/or associated cables

Middle ear prosthesis or inner ear implants

Shunts

Stents/coils/aneurysm clips

Metal fragments (e.g. from welding, fragmentation weapons)

Infusion port and/or medication pumps

Artificial joints / orthopaedic screws

Hearing aids or dental prostheses

Tattoos / body piercings

Glucose measuring sensors / medication patches

Do you have any allergies to contrast or anaesthetics?

Do you have reduced kidney function?

Are you pregnant?

Have you been sterilized?
