

Neck ultrasound and biopsy

Patient instructions

The areas to be imaged include, among others, the thyroid gland, salivary glands, and possible lymph node enlargement.

How to prepare for the examination?

The examination does not require any preparation from you.

How is the examination done?

The ultrasound examination itself is painless. During the examination, you are lying on your back on the examination table with the neck area exposed. In the examination, the doctor moves the probe on the skin over the organ to be examined. A lubricating gel is used between the probe and the skin.

If necessary, the Radiologist may use a thin needle to take a sample of your superficial lymph nodes, thyroid, or salivary gland. The sampling is almost painless and does not require anesthesia.

If a thin needle sample has been taken from your neck, the sampling site is gently pressed for a short time with a gauze pad with the palm of your hand. Possible leakage is superficial and will stop when pressed.

The examination usually takes 10 to 30 minutes. Urgent on-call examinations are also carried out from the ward, so your start time may be delayed.

What about after the examination?

The examination does not require follow-up. The referring unit is responsible for reporting the results of the procedure.