

Ultrasound of the abdomen and urinary tract

How to prepare for the examination?

- Please fast from food overnight or for at least 3 hours before the examination.
- It is a good idea to drink water or watered-down juice to keep your bladder full during the examination.
- Carbonated drinks, coffee, tobacco and chewing gum are prohibited because they cause air in the abdomen.
- Take your regular medicines with water.
- Please do not urinate for approximately 3 hours prior to the examination, if possible, as the bladder should be full during the examination.

How is the examination done?

During the examination, you are lying on your back on the examination table with the abdominal area exposed. The probe is moved on the skin over the area to be examined. A lubricating gel is used between the sensor and the skin. During the examination, the Radiologist may give breathing instructions to make the area to be examined more visible.

The examination usually takes 10 to 30 minutes. Please be aware that our department also conducts other emergency on-call examinations, therefore your examination time might vary.

What about after the examination?

The examination does not require follow-up. The referring unit is responsible for reporting the results of the procedure.